

## **SOFTWARE INSTRUCTIONS FOR THE STAIRMASTER® STRATUS SYSTEMS CONSOLE**

Install the replacement Stratus Systems console by performing the following steps:

### **A. Remove the console**

1. Disconnect the console knob screws from the back of the console.
2. Gently pull up on the console and locate the main **cable** attachment behind the console.
3. Disconnect the main **cable** and the heart rate **cable** from the console.

### **B. Install the new console by reversing steps 1 – 3**

### **C. Configure the console**

Rehabilitation clinics or other medical facilities may want to use the Clinical Mode. The Clinical Mode allows the user to pedal at speeds less than 50 RPMs without the “Pedal Faster” prompt being displayed. The battery will not be charged at pedal speeds lower than 50 RPMs. To ensure trouble-free operation you must connect the battery charger at all times while the Clinical Mode is activated!

1. Pedal the cycle until the console lights up.
2. Turn on the clinical mode by pressing [+ ARROW ], [9], [7], [6], [6], [ENTER], [0], [ENTER], while the console is in the **ATTRACT** mode (i.e., the EKG symbol scrolling across the screen).
3. Turn off the clinical mode by pressing [+ ARROW ], [9], [7], [6], [6], [ENTER], [1], [ENTER] while in the **ATTRACT** mode.

### **D. Console Codes**

The console codes and the corresponding functions are listed below. You must press [+ARROW] before pressing the code’s number keys, and then press [ENTER]. Some codes, like the one to change the language of the console prompts, have options that require you to press a number and then [ENTER] to select that option.

| Code | Function   | Code  | Function  |
|------|--|-------|---|
| 105  | Clears the custom programmed scrolling message   | 7703  | Displays machine usage information                      |
| 107  | Activates the Diagnostic mode                    | 7424  | Changes the language of the prompts                     |
| 0    | Display test                                     | 0     | English   |
| 1    | Speaker test                                     | 1     | German  |
| 2    | Keypad test                                      | 2     | French  |
| 3    | Speed test                                       | 3     | Italian   |
| 4    | Software revision test                           | 4     | Spanish   |
|      |  | 5     | Swedish   |
|      |  | 6     | Danish  |
|      |  | 7     | Japanese  |
| 1650 | Programs a custom workout                        | 52475 | Reset time limit to 60 minutes                          |
|      |  | 97405 | Changes the maximum workout time                        |
| 2121 | Turns on the custom scrolling message            | 7705  | Allows you to turn the Heart Rate feature on or off     |
| 2123 | Turns off the custom scrolling message           | 0     | Turns the Heart Rate feature on                         |
|      |  | 1     | Turns the Heart Rate feature off                        |
| 7704 | Allows you to turn the console speaker on or off | 9760  | Allows you to change the units displayed by the console |
| 0    | Turns the speaker on                             | 0     | Changes the console to English units                    |
| 1    | Turns the speaker off                            | 1     | Changes the console to metric units                     |
| 7607 | Turns on the custom message option               | 9766  | Allows you to turn the Clinical Mode on or off          |
| 99   | Text bar scrolling message editing function      | 0     | Turns the Clinical Mode off                             |
|      |  | 1     | Turns the Clinical Mode on                              |

***For telephone assistance, contact your local distributor or the Customer Service Department of StairMaster Sports/Medical Products, Inc. at 1-425-823-1825 from 0600 AM – 1700 PM PST Monday through Friday.***

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